

## 2019 Region 8 Xcel Championships

Hickory Metro Convention Center, 1960 13th Avenue Drive SE, Hickory, NC 28602

### Gym A

**Friday May 3, 2019**

Platinum	<b>1A</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	4/24/07 -	Warmup/Compete	8:30 AM	11:40 AM
	12/15/2010	Awards	11:40 AM	
Platinum	<b>2A</b>	Open Stretch	11:40 AM	12:00 PM
All	Born	March-In	12:00 PM	12:10 PM
Stars	3/10/06 -	Warmup/Compete	12:10 PM	3:20 PM
	4/23/2007	Awards	3:20 PM	
Platinum	<b>3A</b>	Open Stretch	3:20 PM	3:40 PM
All	Born	March-In	3:40 PM	3:50 PM
Stars	11/24/04 -	Warmup/Compete	3:50 PM	7:00 PM
	3/9/2006	Awards	7:00 PM	
Platinum	<b>4A</b>	Open Stretch	7:00 PM	7:20 PM
State		March-In	7:20 PM	7:30 PM
Teams		Warmup/Compete	7:30 PM	9:50 PM
		Awards	9:50 PM	

### Gym B

**Friday May 3, 2019**

Gold	<b>1B</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	08/12/09 -	Warmup/Compete	8:30 AM	11:25 AM
	7/27/2011	Awards	11:25 AM	
Gold	<b>2B</b>	Open Stretch	11:35 AM	11:55 AM
All	Born	March-In	11:55 AM	12:05 PM
Stars	11/11/08 -	Warmup/Compete	12:05 PM	3:00 PM
	8/11/2009	Awards	3:00 PM	
Gold	<b>3B</b>	Open Stretch	3:10 PM	3:30 PM
All	Born	March-In	3:30 PM	3:40 PM
Stars	3/3/08 -	Warmup/Compete	3:40 PM	6:35 PM
	11/10/2008	Awards	6:35 PM	
Gold	<b>4B</b>	Open Stretch	6:45 PM	7:05 PM
All	Born	March-In	7:05 PM	7:15 PM
Stars	9/26/07 -	Warmup/Compete	7:15 PM	9:25 PM
	3/2/2008	Awards	9:25 PM	

**Saturday May 4, 2019**

Platinum	<b>5A</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	7/20/01 -	Warmup/Compete	8:30 AM	11:20 AM
	11/23/2004	Awards	11:20 AM	
Silver	<b>6A</b>	Open Stretch	11:30 AM	11:50 AM
All	Born	March-In	11:50 AM	12:00 PM
Stars	3/8/10 -	Warmup/Compete	12:00 PM	2:45 PM
	5/17/2012	Awards	2:45 PM	
Silver	<b>7A</b>	Open Stretch	2:55 PM	3:15 PM
All	Born	March-In	3:15 PM	3:25 PM
Stars	4/23/09 -	Warmup/Compete	3:25 PM	6:10 PM
	3/7/2010	Awards	6:10 PM	
Silver	<b>8A</b>	Open Stretch	6:20 PM	6:40 PM
State		March-In	6:40 PM	6:50 PM
Teams		Warmup/Compete	6:50 PM	8:45 PM
		Awards	8:45 PM	

**Saturday May 4, 2019**

Gold	<b>5B</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	3/21/07 -	Warmup/Compete	8:30 AM	11:10 AM
	9/25/2007	Awards	11:10 AM	
Gold	<b>6B</b>	Open Stretch	11:20 AM	11:40 AM
All	Born	March-In	11:40 AM	11:50 AM
Stars	8/26/06 -	Warmup/Compete	11:50 AM	2:30 PM
	3/20/2007	Awards	2:30 PM	
Gold	<b>7B</b>	Open Stretch	2:40 PM	3:00 PM
All	Born	March-In	3:00 PM	3:10 PM
Stars	2/5/06 -	Warmup/Compete	3:10 PM	5:50 PM
	8/25/2006	Awards	5:50 PM	
Gold	<b>8B</b>	Open Stretch	6:00 PM	6:20 PM
State		March-In	6:20 PM	6:30 PM
Teams		Warmup/Compete	6:30 PM	8:40 PM
		Awards	8:40 PM	

**Sunday, May 5, 2019**

Silver	<b>9A</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	9/14/08 -	Warmup/Compete	8:30 AM	10:45 AM
	4/22/2009	Awards	10:45 AM	
Silver	<b>10A</b>	Open Stretch	11:00 AM	11:20 AM
All	Born	March-In	11:20 AM	11:30 AM
Stars	12/17/07 -	Warmup/Compete	11:30 AM	1:45 PM
	9/13/2008	Awards	1:45 PM	
Silver	<b>11A</b>	Open Stretch	2:00 PM	2:20 PM
All	Born	March-In	2:20 PM	2:30 PM
Stars	1/5/07 -	Warmup/Compete	2:30 PM	4:45 PM
	12/16/2007	Awards	4:45 PM	
Silver	<b>12A</b>	Open Stretch	5:00 PM	5:20 PM
All	Born	March-In	5:20 PM	5:30 PM
Stars	1/4/2007	Warmup/Compete	5:30 PM	7:45 PM
	&Before	Awards	7:45 PM	

**Sunday, May 5, 2019**

Gold	<b>9B</b>	Open Stretch	8:00 AM	8:20 AM
All	Born	March-In	8:20 AM	8:30 AM
Stars	6/1/05 -	Warmup/Compete	8:30 AM	11:10 AM
	2/4/2006	Awards	11:10 AM	
Gold	<b>10B</b>	Open Stretch	11:20 AM	11:40 AM
All	Born	March-In	11:40 AM	11:50 AM
Stars	5/31/2005	Warmup/Compete	11:50 AM	2:30 PM
	& Before	Awards	2:30 PM	
Diamond	<b>11B</b>	Open Stretch	2:40 PM	3:00 PM
All		March-In	3:00 PM	3:10 PM
Stars		Warmup/Compete	3:10 PM	5:40 PM
		Awards	5:40 PM	
Diamond	<b>12B</b>	Open Stretch	5:50 PM	6:10 PM
State		March-In	6:10 PM	6:20 PM
Teams		Warmup/Compete	6:20 PM	7:50 PM
		Awards	7:50 PM	

**Please arrive 30 minutes before your open stretch start time - if we are ahead of schedule we will begin early!**